



Athlete Action Plan

Athletes: Jeannie, Jeff, Doug, Meghen, Tess, Liz, James, Shae'lee

Mission Summary by SOWY Athletes

Special Olympics enriches the lives of athletes, families, and friends through sports.

11/12/11

WHAT?

Increase opportunities for athletes to be involved as effective volunteers and coaches.

WHY?

We want to make a difference and improve Special Olympics Wyoming because:

1. Athletes have the best ideas
2. Athletes want to be empowered to represent Special Olympics Wyoming in a professional way.
3. Athletes can teach others.

HOW?

We will need the following supports to accomplish this Action Plan:

1. Training
 - Basic Global Messenger Training
 - Coaches certification opportunities
 - Listening/participation skills
 - Motivation
2. Opportunities to observe and be involved
3. Opportunities to volunteer at local events
4. A mentor

KEY PLAYERS

We will need the following individuals to be key players in supporting this Action Plan:

- | | | |
|-------------------|-------------------------|----------------|
| 1. Friends | 2. Teachers/Staff | 3. Role Models |
| 4. Parents/Family | 5. Providers | 6. SOWY Staff |
| 7. Other Athletes | 8. Community Volunteers | |

WHEN?

Our timeline for implementing this Action Plan is:

- Training – By the beginning of April, 2012
- Observations – ASAP (dependent on community events)
- Mentors - January, 2012