



## STEPS TO BECOME A SUCCESSFUL JUMPER

**STEP #1: Pre-Register for the jump!** Visit <http://www.sowy.org/index.php/jackalope-jumps> to register online. Each individual will need to register for the jump, whether on a team or an individual jumper. Registration forms can also be found online. You may register the day of at the jump site. (Official jump incentives are not guaranteed at time of jump)

**STEP #2: Solicit and collect pledges!** Ask family, friends and co-workers to pledge you as you become a "Below Zero Hero"! Each individual jumper will need to collect a minimum of \$100 in pledges or \$50 each if you have 5 plungers on a team, (minimum of \$250 for the team) You can collect pledges online or offline. Visit <http://www.sowy.org/index.php/jackalope-jumps> to create a personal fundraising webpage and reach out to friends who you do not see face to face. Pledge Forms can also be found online. All pledges will need to be collected beforehand and brought to the jump.

**STEP #3: Read and sign the Waiver and Release Form.** All jumpers are required to read and sign the waiver. Participants under 18 must have a parent/guardian sign the waiver. The Waiver and Release Form can also be found online at <http://www.sowy.org/index.php/jackalope-jumps>. We will have waivers available at the jump for you to sign. Parents must sign waiver for youth under 18 at Jump Check-In.

**STEP #4: Bring the signed waiver, pledge form and pledges with you to the jump.** All jumpers will need to **check in at the Registration area**. You will receive additional instructions and your official jump incentive(s). Be sure to check in early as you will need time to register and prepare for the jump.

**STEP #5: Have FUN!** Form a team and jump with friends, family or co-workers; create a crazy team name and crazy costumes (within reason)!

**All forms are can be found online at**  
<http://www.sowy.org/index.php/jackalope-jumps>  
**or by calling Special Olympics Wyoming at (307) 235-3062.**