

# CROSS COUNTRY SKIING

## Events Offered:

### 🌸 Races:

- 🏂 10 meter
- 🏂 10 meter Assisted
- 🏂 25 meter
- 🏂 25 meter Assisted
- 🏂 50 meter
- 🏂 100 meter
- 🏂 500 meter
- 🏂 1 kilometer
- 🏂 3 kilometer
- 🏂 5 kilometer

### 🌸 Relays:

- 🏂 4 x 1 kilometer Relay
- 🏂 4 x 1 kilometer Unified Sports®  
Relay



## When:

- 🌸 [Winter Games](#)

## Resources:

- 🌸 Official [Cross Country Skiing webpage; includes rules](#)
- 🌸 Cross Country Ski [Registration](#)